

Kybella® Consent Form

Date: _____

Patient Name: _____

DOB: _____

Kybella® (deoxycholic acid) is an FDA approved prescription medicine used to improve the appearance of moderate to severe fullness associated with fat below the chin (submental fat). Kybella® is injected into the fat under the chin (up to 50 subcutaneous injections/treatment). Multiple treatments may be required for best results. Typically 2-6 treatments, spaced 4-8 weeks apart are needed for optimum correction. Failure to complete the recommended treatment regimen may result in partial or incomplete correction.

Before receiving Kybella®, tell your healthcare provider about all of your medical conditions including:

- If you plan to have surgery on your face neck or chin
- If you have had cosmetic treatments on your face neck or chin
- If you have medical conditions in or near the neck area
- If you have had trouble swallowing
- If you have bleeding problems
- If you are or plan to become pregnant
- If you are breastfeeding or plan to breastfeed
- Tell your healthcare provider about all medications you are taking; both prescription and over-the-counter. It is particularly important to tell your healthcare provider if you are taking any type of blood-thinner or anticoagulant.

You should not receive Kybella® injections if you have an active infection in the treatment area.

Please initial the following:

_____ The details of the procedure have been explained to me in terms I understand.

_____ Alternative methods & their benefits & disadvantages have been explained to me.

_____ I understand and am aware of the most *common* and *expected* side effects at the injection site of Kybella®.

Including but not limited to:

- Swelling (20-87%)
- Bruising (72%)
- Numbness (42-66%)
- Redness (27%)
- Pain/Soreness/Burning sensation (16-70%)
- Area of hardness in the treatment area (23%)
- Nodule (13%)

All of the above are temporary side effects that typically resolve in a few days to a month

_____ I understand and am aware of *rare* side effects of Kybella® injections

- Headache (8%)
- Warmth at site (4%)
- Nerve injury in the jaw that can cause an uneven smile or facial weakness (4%)
- Difficulty swallowing (2%)

All of the above side effects completely resolved but may take several days to weeks to disappear.

Consent:

Your consent and authorization for this procedure is strictly voluntary. Your signature on this consent form authorizes Practically Perfect Aesthetics, Inc. to use Kybella® injections to treat submental fat. As with any cosmetic procedure, there is no guarantee that you will be completely satisfied.

I have read this informed consent form and certify that I understand the contents in full. My signature indicates that I am consenting to receive treatment and have had the opportunity to ask questions about the procedure and it's risks. I have been advised of the risks involved in such treatment and alternative treatments, including no treatment at all.

I consent to photographs being taken prior to treatment.

I understand that I release Practically Perfect Aesthetics, Inc., it's associates, the Medical Supervisor, and the Nurse Practitioners from any liability associated with complications from this procedure.

Signature: _____ Date: _____